

# Youth Suicide Awareness

## QPR

**QUESTION, PERSUADE, REFER**

Youth QPR is a nationally-used, evidence-based emergency response to young persons in crisis.

**As adults, we can all learn to help prevent youth suicide.**

- ✦ Learn how to recognize the warning signs of suicide among youth populations
- ✦ Learn how to offer hope to a young person in crisis
- ✦ Learn how to get help and save a life

## YOUTH QPR TRAININGS

Mental Health Association in New Jersey is offering both in-person AND virtual Youth QPR certification trainings.



To schedule a training, or for more information, please contact Jaime Angelini: [jangelini@mhanj.org](mailto:jangelini@mhanj.org)



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