

Wellness Wednesdays!

- for Healthcare Employees -

a weekly space dedicated to your
emotional & mental well-being

Wednesdays
in
November
@ 7:00PM-8:00PM



bit.ly/3WaCRfz

MEETING ID: 811 1379 1695

PASSCODE: 572828



**Hope for
Health**
crisis counseling

bit.ly/HopeforHealthCC

The New Jersey Department of Health (NJ DOH) was awarded the CDC NJ COVID Disparities Grant to promote resilience and sustainability of the NJ DOH public health workforce as a result of the pandemic. DOH has awarded NJDHS funding for the Hope for Health project.



**Mental Health
Association in
New Jersey, Inc.**