



# WARRIORS WELCOME



peer-run veterans support  
& discussion group



A no-cost,  
judgment-free,  
veteran-facilitated  
zone.

## Discussion Topics Include:

- Self-care & Wellness
- Family & Relationships
- Adjusting to Civilian Life
- Employment

1<sup>st</sup> and 3<sup>rd</sup> Fridays @ 6:00pm on Zoom:

Meeting ID: 893 8115 9546

Call-In Option:

Passcode: 387490

1.929.205.6099

Link: <https://bit.ly/WarriorsWelcomeNJ>

*What's said here stays here.*

*For more information, contact Jaime Angelini: [jangelini@mhanj.org](mailto:jangelini@mhanj.org)*

*This is a program of the Mental Health Association in New Jersey.*