

# AUGUST 2022 PROGRAMS

MENTAL HEALTH ASSOCIATION IN NEW JERSEY

SUPPORTING DIVERSITY. EQUITY. INCLUSION. AND ENGAGEMENT.

## TUESDAYS

8/16 @ 5:30pm - Women of Color Support Group

Zoom Meeting ID: 874 1068 2918

Passcode: 000624

<https://bit.ly/WOCgroupNJ>

Weekly @ 7:00pm - Spanish-Speaking Support Group

Zoom Meeting ID: 840 8542 4688

Passcode: 667906

<https://bit.ly/grupoNJHH>

## WEDNESDAYS

Weekly @ 12:00pm - Coping with Culture Discussion Group

Zoom Meeting ID: 819 9661 5019

Passcode: 389434

<https://bit.ly/CopingWithCultureNJ>

Weekly @ 2:00pm - Faith-Based Wellness - Open to people of all faiths.

Zoom Meeting ID: 841 7133 9918

8/04 @ 6:00pm - LGBTQ+ Womyn of Color Gathering

Please Register in Advance: <https://bit.ly/35jX1yf>

## THURSDAYS

Weekly @ 7:00pm - Spanish-Speaking Support Group

Zoom Meeting ID: 840 8542 4688

Passcode: 667906

<https://bit.ly/grupoNJHH>

## FRIDAYS

8/05 & 8/19 @ 6:00pm - Warriors Welcome Veterans Support Group

Zoom Meeting ID: 893 8115 9546

Passcode: 387490

<https://bit.ly/WarriorsWelcomeNJ>

8/12 & 8/26 @ 1:00pm - Men's Health & Wellness Group

Zoom Meeting ID: 893 8115 9546

Passcode: 387490

<https://us02web.zoom.us/j/89381159546?pwd=Y3lMM0pBdzRQRWpqQnRHVktwZUF6Zz09>



**PEWS**  
Promoting Emotional Wellness  
and Spirituality Programs

FOR MORE INFORMATION ABOUT THESE PROGRAMS,  
PLEASE CONTACT [FAMILIESOFCOLOR@MHANJ.ORG](mailto:FAMILIESOFCOLOR@MHANJ.ORG)



Mental Health  
Association in  
New Jersey, Inc.