MARCH 2022 PROGRAMS SERVING FAMILIES OF COLOR

SUNDAYS

MONDAYS

Weekly @ 6:00pm - Muslim Mental Health Support & Discussion Group

Zoom Meeting ID: 842 3899 4439 Passcode: 879442

https://bit.ly/MuslimGroupNJ

Weekly @ 4:00pm - BIPOC Bodies: Chronic Pain & Invisible Illness Support Zoom Meeting ID: 856 0316 3829 Passcode: 046567

https://bit.ly/BIPOCbodiesNJ

TUESDAYS

Weekly @ 2:00pm - Thankful Tuesdays with Deacon Laverne S. Williams

Zoom Meeting ID: 424 719 863 Passcode: 469922 ■

https://bit.ly/ThankfulTuesdaysNJ

3/15 @ 5:30pm - Women of Color Support Group

Zoom Meeting ID: 874 1068 2918 Passcode: 000624

https://bit.ly/WOCgroupNJ

WEDNESDAYS

3/02 @ 12:00pm - ENGAGE: Open Conversations to Bridge the Gap Between Racial Equity and Mental Health. Topic: "Building Our Tribe"

https://bit.ly/3suOnGr

Weekly @ 3:30pm - Coping with Culture Discussion Group

Zoom Meeting ID: 819 9661 5019 Passcode: 389434

https://bit.ly/CopingWithCultureNJ

THURSDAYS

Weekly @ 2:00pm - Faith-Based Wellness - Open to people of all faiths.

Zoom Meeting ID: 841 7133 9918

3/03 @ 6:00pm - LGBTQ+ Womyn of Color Gathering

Zoom Meeting ID: 973 741 8141 Passcode: 120221

https://bit.ly/njLGBTQwoc

Weekly @ 7:00pm - Spanish-Speaking Support Group

Zoom Meeting ID: 840 8542 4688 Passcode: 667906

https://bit.ly/grupoNJHH

FRIDAYS

3/04 & 3/18 @ 6:00pm - Warriors Welcome Veterans Support Group

Zoom Meeting ID: 893 8115 9546 Passcode: 387490

https://bit.ly/WarriorsWelcomeNJ

3/11 & 3/25 @ 1:00pm - Men's Health & Wellness Group

Zoom Meeting ID: 893 8115 9546 Passcode: 387490

 $\underline{ https://us02web.zoom.us/j/89381159546?pwd=Y3IMM0pBdzRQRWpqQnRHVktwZUF6Zz09} \\$



FOR MORE INFORMATION ABOUT THESE PROGRAMS.
PLEASE CONTACT FAMILIESOFCOLOR@MHANJ.ORG