

MAY 2022 PROGRAMS

MENTAL HEALTH ASSOCIATION IN NEW JERSEY

SUPPORTING DIVERSITY. EQUITY. INCLUSION. AND ENGAGEMENT

SUNDAYS

7:00pm - Muslim Mental Health Support & Discussion Group

Zoom Meeting ID: 842 3899 4439 Passcode: 879442

<https://bit.ly/MuslimGroupNJ>

MONDAYS

Weekly @ 4:00pm - College Students Living with Invisible Illness

*in partnership with Stockton University

[Stockton.zoom.us/my/lucyallencounseling](https://stockton.zoom.us/j/9801234567)

TUESDAYS

Weekly @ 2:00pm - Thankful Tuesdays with Deacon Laverne S. Williams

Zoom Meeting ID: 424 719 863 Passcode: 469922

<https://bit.ly/ThankfulTuesdaysNJ>

5/17 @ 5:30pm - Women of Color Support Group

Zoom Meeting ID: 874 1068 2918 Passcode: 000624

<https://bit.ly/WOCgroupNJ>

WEDNESDAYS

5/04 @ 12:00pm - ENGAGE: Open Conversations to Bridge the Gap Between Racial Equity and Mental Health.

May's Topic: "What You Think Is What You Get—Implicit Bias When Dealing with Persons from the BIPOC Community"

Please Register in Advance: <https://bit.ly/3suOnGr>

Weekly @ 3:30pm - Coping with Culture Discussion Group

Zoom Meeting ID: 819 9661 5019 Passcode: 389434

<https://bit.ly/CopingWithCultureNJ>

THURSDAYS

Weekly @ 2:00pm - Faith-Based Wellness - Open to people of all faiths.

Zoom Meeting ID: 841 7133 9918

5/06 @ 6:00pm - LGBTQ+ Womyn of Color Gathering

Please Register in Advance: <https://bit.ly/35jX1yf>

Weekly @ 7:00pm - Spanish-Speaking Support Group

Zoom Meeting ID: 840 8542 4688 Passcode: 667906

<https://bit.ly/grupoNJHH>

FRIDAYS

5/06 & 5/20 @ 6:00pm - Warriors Welcome Veterans Support Group

Zoom Meeting ID: 893 8115 9546 Passcode: 387490

<https://bit.ly/WarriorsWelcomeNJ>

5/13 & 5/27 @ 1:00pm - Men's Health & Wellness Group

Zoom Meeting ID: 893 8115 9546 Passcode: 387490

<https://us02web.zoom.us/j/89381159546?pwd=Y3lMM0pBdzRQRWpqQnRHVktwZUF6Zz09>

