



NOVEMBER 2021

SERVING FAMILIES OF COLOR IMPACTED BY COVID-19

SUNDAYS

Weekly @ 6:00pm - Muslim Mental Health Support & Discussion Group

Zoom Meeting ID: 842 3899 4439 Passcode: 879442

<https://us02web.zoom.us/j/84238994439?pwd=Y0hMeXlnY1JpV0ZIN0FIVEFRR0J2QT09>

MON-THU

Weekdays M-Th @ 12-12:10 pm - "Press Pause" Self-Care & Wellness Techniques in 10 Minutes

Zoom Meeting ID: 982 3576 0128 Passcode: 524704

<https://zoom.us/j/98235760128?pwd=M25ueTdBZVA3RkFYbFJobldKRzZKdz09>

TUESDAYS

Weekly @ 2:00pm - Thankful Tuesdays with Deacon Laverne S. Williams

Zoom Meeting ID: 424 719 863 Passcode: 469922

<https://zoom.us/j/424719863?pwd=SjRXUXRYZIZNZHJVc3ZHbHlIM1oxQT09>

Weekly @ 7:00pm - Women of Color Support Group

Zoom Meeting ID: 874 1068 2918 Passcode: 000624

<https://us02web.zoom.us/j/87410682918?pwd=QXpoSXYzRG9Ualh0MXJzUFd0MHZIZz09>

WEDNESDAYS

Weekly @ 3:30pm - Coping with Culture Discussion Group

Zoom Meeting ID: 819 9661 5019 Passcode: 389434

<https://us02web.zoom.us/j/81996615019?pwd=L1ZJaWhyS0tiaDBjcVd2MW4vQVgrQT09>

THURSDAYS

Weekly @ 11:00am - Spanish-Speaking Support Group

Zoom Meeting ID: 985 2934 2867 Passcode: 299051

<https://zoom.us/j/98529342867?pwd=QXdsZHBZZURhQ3NtS0kzTHJPWFIIUT09>

11/18 @ 5:30pm - "Healing in Conversations"

Zoom Meeting ID: 873 1891 8246 Passcode: 643211

<https://us02web.zoom.us/j/87318918246?pwd=RnRFYm1aQzk5ajVlalgzUHI2UnpGQT09>

FRIDAYS

11/12/21 @ 1:00pm - Men's Health & Wellness Group

Zoom Meeting ID: 893 8115 9546 Passcode: 387490

<https://us02web.zoom.us/j/89381159546?pwd=Y3IMM0pBdzRQRWpqQnRHVktwZUF6Zz09>

11/05/21 & 11/19/21 @ 6:00pm - Warriors Welcome Veterans Support Group

Zoom Meeting ID: 893 8115 9546 Passcode: 387490

<https://us02web.zoom.us/j/89381159546?pwd=Y3IMM0pBdzRQRWpqQnRHVktwZUF6Zz09>

FOR MORE INFORMATION ABOUT THESE PROGRAMS. PLEASE CONTACT FAMILIESOFCOLOR@MHANJ.ORG