These groups are for everyone 

- Pandemic 
- All Recovery Sunday 
- "Teacher Talk" 
- Women's Wellness 
- Warrios Welcome Vets Support Group 
- M.O.M.S. (Moms Offering Moms Support) 
- LGBTQ + Discussion Group for LGBTQ+
- Range from Resumes, to Job Stressors to Unemployment) 

ON THE MOVE 

- Grief Group Thursday (All Types of Grief) 
- Loved Ones Substance Use Disorder Support Group for Families Coping w/ Issues) 
- Maintaing Healthy Boundaries 
- WRAP for Work 
- Got Stress? (About COVID Issues)? 
- Got Stress (Related to COVID 19 or Other Issues)? 
- Too Much Stuff? Support Group 
- Bipolar Support Group 
- Overall Wellness 
- Boomer Hour 60+ Support Group 
- Family Night 

DIFFERENT GROUPScott 

- Employment Wellness/Recovery 
- Self Help Strategies 
- Positive individvuals 
- Tools for Managing Stress and Anxiety 
- Consumer Connections in 

MHANJ and NJ Hope and Healing 

- MJAH NJ Connect for Recovery 
- Conference ID: 149330 

For more information call: NJ WRAP Facilitators Learning Collaboror Co 

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