

12 Step Virtual Resources

Name of Group	Day	Time	Link	Phone #	Meeting Id	Password	Notes
12 Step Recovery Meeting by CFC Loud and Clear	Friday	7pm	zoom.us		705 596 040		
AA – ONLINE MEETINGS	All days	All times	https://drive.google.com/file/d/1gr3lfHHon6qR6MIZ1VTq4GvvtN_8j3Av/view				Link to a 28 page list of virtual AA meetings
AA - Northern NJ	Helpline 24/7		-	908-687-8566			
AA Central NJ			-	609-586-6900			Central NJ AA Hotline
AA Directory of Online groups			http://aa-intergroup.org/directory.php				Extensive offering of Online AA meetings
AA meetings from Sober Grid	Daily	9 pm	https://zoom.us/2533660083	929-205-6099	253 366 0083		
AA NJ			https://www.nnjaa.org/faq.html				Website for information
AA NJ Espanol			-	973-824-0555			NJ AA Spanish Intergroup
AA Online groups			onlinegroupsaa.org				easily sortable list of AA online meetings!!
AA Online Meeting			aaonlinemeeting.net				easily sortable list of AA online meetings!!
AA Southern NJ			http://aa-intergroup.org	(856) 486-4444			South Jersey AA Hotline
AA USA			https://al-anon.org/al-anon-meetings/electronic-meetings/				Information about online groups
AA Telephone Conference Meeting by Pause a While	Daily	2pm		425-436-6360	Access Code:42293 2#		Telephone meeting
Al-Anon Family Groups		1-2pm	zoom.us				Electronic/Phone Meeting Lists - International

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CA Cocaine Anonymous NJ			http://www.nj-ca.org/				General information website
Celebrate Recovery			https://celebraterecovery.com/				A faith based, Christ-Centered 12 step program -Main website
EA – Emotions Anonymous			https://emotionsanonymous.org/				Website with info and links to phone meetings
FAA Food Addicts Anonymous USA			https://foodaddictsanonymous.org/content/phone-meetings				Telephone Meetings list
Facebook Information Group: "Share Meeting Location Closures, Moves and Solutions (any fellowship)			https://www.facebook.com/groups/2655178691425569/				FB group with updates on 12 step meetings online, closures, et al, NA focus
In The Rooms Global 12 step Community - live online meetings			General info: www.intherooms.com Link to access online meetings for various fellowships: https://www.intherooms.com/home/live-meetings/				In The Rooms is a free online addiction recovery tool with over 130 weekly online meetings
MARA Recovery Meeting			Call Reed at The Counseling Center for info	561-358-6030			ZOOM Meeting of MARA - Medication-Assisted Recovery Anonymous
NA 24/7 MARATHON Meeting by Phone				712.770.5326	499271#		

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NA Meeting - Ask It Basket	Friday	11:00 AM	https://zoom.us/j/756488015				direct link
NA 24/7 MARATHON Meeting by Phone				712.770.5326	499271#		
NA Meeting - Ask It Basket	Friday	11:00 AM	https://zoom.us/j/756488015				direct link
NA Bergen County			https://bergenarea.org/			957462	List of local groups hosting online meetings
NA By Phone			nabyphone.org			503416	Website with lots of information how NA by phone works includes instructions
NA Daily Meditation Reading online			http://jftna.org/jft/			351955	Direct Link to the Meditation of the Day
NA International MARATHON Meeting on ZOOM	runs 24/7		zoom.us			4949655895	
NA Meeting - Just For Today/ESH/Topic	Wednesday	1:30 PM	https://zoom.us/j/756488015			866264	direct link
NA Meeting - Just For Today/Topic	Monday	7:00 AM	https://zoom.us/j/756488015				direct link
NA Meeting - Just For Today/Topic	Saturday	12pm	https://zoom.us/j/756488015			193082	direct link
NA Meeting - Rotating Topic	Monday	12:00 PM	https://bluejeans.com/375933012				direct link
NA Meeting - Rotating Topic	Friday	10:00 AM	https://zoom.us/j/756488015			492699	direct link

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NA Meeting - Step Working Guide Study	Friday	12:00 PM	https://zoom.us/j/756488015				direct link
NA Meeting - Steps and Principles	Thursday	1:30 PM	https://zoom.us/j/756488015			503416	direct link
NA Meeting - Steps and Principles	Sunday	12:00 PM	https://zoom.us/j/756488015				direct link
NA Meeting - Topic/Spiritual Principles	Tuesday	12:00 PM	https://zoom.us/j/756488015				Direct link
NA Meeting T from Sober Grid	Daily	1pm	https://zoom.us/j/2533660083	929-205-6099	253 366 0083		
NA Meeting Search Worldwide			na.org/meetingsearch				For country put in WEB
NA NeverAloneClub CHAT ROOM			neveraloneclub.org				Very simple to navigate NA CHAT ROOM
NA New Jersey Region Helpline				<u>800-992-0401</u>			
NA New Jersey Virtual and Phone Meetings			https://www.nanj.org/meetings/online.shtml				NJ Region of NA, links to virtual and phone meetings - *BEST RESOURCE for Virtual NA in NJ*
NA New Jersey Website			nanj.org				website for New Jersey Narcotics Anonymous
NA Speakers Streaming 24/7			http://naspeaker.com/				Previously recorded events, i.e., conventions. Appears

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NA Virtual Meetings			http://naspeaker.com/				Previously recorded speakers from events, i.e., conventions
NA Worldwide			virtual-na.org				List of available NA online meetings for that day
Nicotine Anonymous			https://nicotine-anonymous.org/	Nicotine Anonymous			https://nicotine-anonymous.org/
OA Overeaters Anonymous NJ			https://www.na.org/?ID=virtual_meetings				Links to OA phone and web meetings
SLAA Sex and Love Addicts Anonymous – WOMENS			https://www.slaawomensgroup.org/meetings/				Link to Women’s phone groups that includes a lot of information regarding safety and anonymity
SLAA Sex and Love Addicts Anonymous			https://slaafws.org/onlinemeetings				Website with information regarding online meetings and how to get the links to these meetings
Y12SR (Yoga 12-Step Recovery) by CARES	7 days a week		zoom.us				4/9 10am-12pm Meeting ID 700 204 008 4/30 10am-12pm Meeting ID 930 606 142
Co-Occurring Recovery Group MHANJ Union & Hudson	Fridays	12PM-1PM:	Registration URL: https://us04web.zoom.us/j/61234567890		551-165-778		A Co-Occurring Recovery Group patterned on the 12 steps for those battling addiction and mental illness.

Other Resources

Group Name	Day	Time	Link	Phone #	Meeting ID	Password	Notes
WRAP for Addictions - MHANJ Consumer Connections	Tuesday	1-2pm	https://zoom.us/j/172562211?pwd=WWtEZ1hZOV AZelJzYW9IbzhiWE4vUT09	929-205-6099	172 562 211	708927	Discussion Group
Hope Sheds Light Virtual Calendar	See calendar		http://www.hopeshedslight.org/wp-content/uploads/2020/03/Recovery-Center-April-2020-Calendar.pdf				An extensive offering of numerous types of virtual groups FOR FAMILIES and individuals impacted by SUD
REFUGE Recovery	Wednesday	7pm	https://refugerecovery.org/				Buddhist inspired path to addiction recovery - Information Website
Recovery Hangout by CARES	Saturday	1:30-2:30om	zoom.us		555-850-666		
SMART Recovery Community			https://www.smartrecovery.org/community/				Online forums
SMART Recovery Meeting by CFC Loud and Clear	Saturday	11:00 AM	zoom.us	654 644 794			
SMART Recovery Meeting by CFC Loud and Clear	Tuesday	7pm	zoom.us	412 466 353			
SMART Recovery Online Meetings (Global)			https://www.smartrecovery.org/community/calendar.php				Online SMART Recovery online meeting and event list
SMART Recovery Tool box			https://www.smartrecovery.org/smart-recovery-toolbox/				Website with tools and links that states they will remain fully operational during this time

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The Phoenix			https://thephoenix.org/virtual/				"This org appears to be an online community with focus on physical activity. THIS LINK will take you to a list of their virtual meetings
All Recovery Meetings by CARES	Monday	2-3pm	zoom.us		629 891 552		
All Recovery Meetings by CARES	Tuesday	5:30-6:30 pm	zoom.us		343 643 150		
All Recovery Meetings by CARES		5:30-6:30 pm	zoom.us		861 615 237		
All Recovery Meetings by CARES		11-12pm	zoom.us		986 473 770		
All Recovery Meetings by CARES		1- 2pm	zoom.us		349 656 293		
ALL Recovery Sunday (this is from Elizabeth at MHA Ocean). Online and Phone meetings	Sunday	6:30pm	https://zoom.us/j/991231584	929 205 6099	991 231 584		
Unity Recovery - All Recovery Meetings	7 days a week	9am, 12pm, 3pm, 6pm, 9pm ET	unityrecovery.zoom.us/my/allrecovery				
CARES		8:30am - 11pm		844-326 5400	861 615 237		WARMLINE for Phone or Text

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Name of Group	Day	Time	Link	Phone #	Meeting Id	Password	Notes
Partnership for Drug-free Kids - links to get help			http://www.njioa.org/meetings/virtual-meetings				Virtual meeting list, contact info, etc.
Peer Grief Support by CARES	Sunday	1-2pm	https://drugfree.org/article/get-one-on-one-help/ Text a Message to 55753 Call 1-855-378-4373 or Schedule a Callback Time				Website states they are: The only national nonprofit committed to supporting the whole family as they address every aspect of substance use and addiction, from prevention to recovery.
Recovery Dharma			https://recoverydharma.online/		500 483 086		Online Recovery Community with focus on Healing Addiction with Buddhism
Partnership for Drug-free Kids - links to get help			http://www.njioa.org/meetings/virtual-meetings				Virtual meeting list, contact info, etc.
Peer Grief Support by CARES	Sunday	1-2pm	https://drugfree.org/article/get-one-on-one-help/ Text a Message to 55753 Call 1-855-378-4373 or Schedule a Callback Time				Website states they are: The only national nonprofit committed to supporting the whole family as they address every aspect of substance use and addiction, from prevention to recovery.
Unity Recovery - All Recovery Meetings	7 days a week	9am, 12pm, 3pm, 6pm, 9pm ET	unityrecovery.zoom.us/my/allrecovery				

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CFC Loud and Clear			healingus.org/events	CFC Loud and Clear			Addiction recovery focus events
Faith Based Meeting by CFC Loud and Clear	Sunday	12:00 PM	Healingus.org				Go to website for more information
King's Crusade (Advocacy and Help for those seeking help)			KingsCrusade.org				Per website: We support those struggling with addiction and their families by granting donations to further the recovery process, assist with placement into detox and rehab, entry fees into sober living homes, transportation to treatment (if possible and reasonable), basic living needs, and if the co-pay is affordable to us~ MAT (Medication Assisted Treatment).
Multiple Pathways Celebration by CARES (Monthly)	Last Saturday of the Month	7-8pm	zoom.us		920-113-995		



Mental Health
Association in
New Jersey, Inc.