



## Guidelines for People Who Use Medicaid for Mental Health Medications

Situation	What to Do		Next Steps
If you receive a letter from your managed care company about any of your psychiatric medications...	Read the letter thoroughly and make sure you keep it. If you have any questions...	Call: 866-202-HELP (4357)  NJ Mental Health Cares Help Line	If the problem cannot be resolved, Helpline staff will make contact for legal advice or appeals:  Disability Rights NJ (DRNJ)  Community Health Law Project (CHLP)
If you pick up your psychiatric medications, and the pills look different than previously...	Ask the pharmacist at the time you are picking up your medications why there is a change.  If you are unclear about the answer...	Call: 866-202-HELP (4357)  NJ Mental Health Cares Help Line	If the problem cannot be resolved, Helpline staff will make contact for legal advice or appeals:  Disability Rights NJ (DRNJ)  Community Health Law Project (CHLP)
If your doctor tells you about a medication change, discuss the change.	Discuss the change with your doctor.  If you are unclear about the answer...	Call: 866-202-HELP (4357)  NJ Mental Health Cares Help Line	If the problem cannot be resolved, Helpline staff will make contact for legal advice or appeals:  Disability Rights NJ (DRNJ)  Community Health Law Project (CHLP)

## Overview of Changes

Policies for Medication Carve-in	Type of Provider Writing the Prescription		Type of Drug
Expect No Changes to Psychiatric Medication WHEN:	The Provider who writes the prescription is a <i>Behavioral Health Specialist</i> (Psychiatrist or Psychiatric Advance Practice Nurse /APN)	<b>OR</b>	The prescription is for an atypical antipsychotic or anti-seizure drug which the member has been on without change since they joined the managed care plan ( <i>grandfathering</i> )
Potential Changes in Psychiatric Medication to WHEN:	The Provider who writes the prescription is a non-Behavioral Health Specialist (e.g. Primary Care Doctor, Pediatrician, Primary Care APN)	<b>AND</b>	The prescription is for a medication (psychotropic or other) that is not on the <i>Preferred Drug List</i> of the managed care plan.  The drug is not an atypical antipsychotic or anti-seizure drug that is <i>grandfathered</i> .